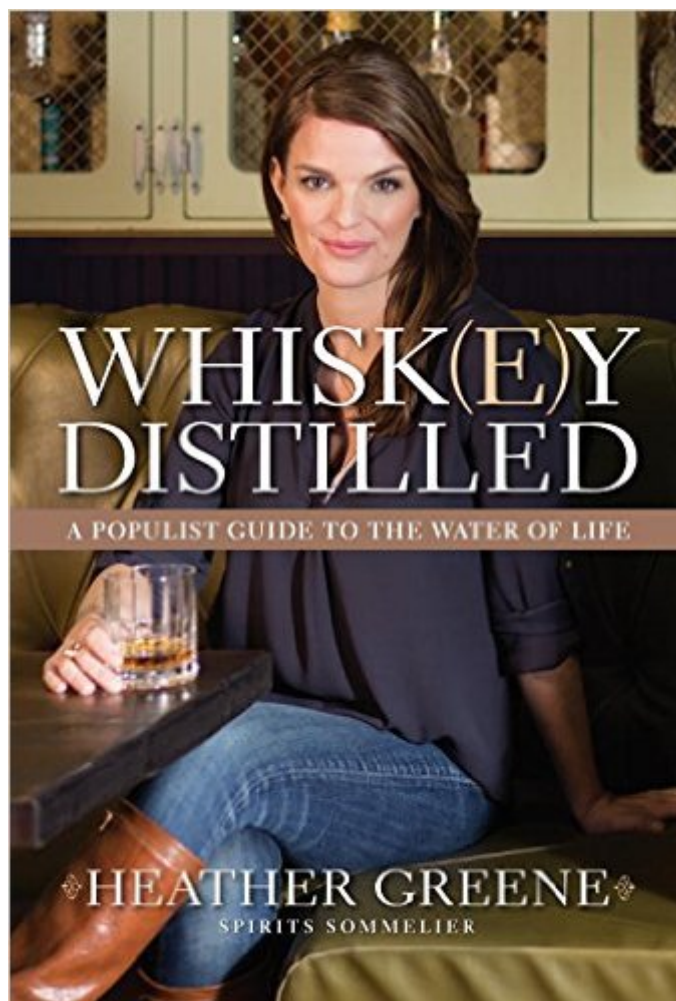


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# Whiskey Distilled: A Populist Guide To The Water Of Life



## Synopsis

In the populist tradition of Andrea Immer, New York City's first female whiskey sommelier translates today's hottest spirit for a new generation of imbibers. Whiskey is in the midst of a huge renaissance. Ten years ago, the United States housed sixty-nine craft distillers; today, there are more than four hundred. Exports of Scotch whisky grew 12 percent just last year. Sales are skyrocketing, and specialty bars are popping up around the country, from New York City to Chicago to Houston. Yet whiskey drinkers—especially novices—are more confused than ever. Over the past decade, whiskey expert Heather Greene has been bombarded with thousands of questions, including: Can I have ice in my whiskey? Why is it sometimes spelled "whisky"? What makes bourbon different? As New York City's first female whiskey sommelier, Greene introduces audiences to the spirit's charms and challenges the boys' club sensibilities that have made whiskey seem inaccessible, with surprising new research that shows the crucial importance of "nosing" whiskey. Through lively tastings, speaking engagements, and classes such as the popular "Whiskey as an Aphrodisiac," Greene has been demystifying whiskey the way Andrea Immer did wine a decade ago. In this lively and authoritative guide, Greene uses bright visuals, an easy-to-read format, and the familiar vocabulary of wine to teach readers about whiskey and encourage them to make their own evaluations. Peppered with wry anecdotes drawn from her unusual life—and including recipes for delicious cocktails by some of today's most celebrated mixologists—Whiskey Distilled will be enthusiastically greeted by the whiskey curious as well as by journeymen whiskey drinkers thirsty to learn more about their beloved tipple.

## Book Information

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## Customer Reviews

I started drinking whisky in the early 80's while a grad student in Tokyo. I also bought my first bottle of Scotch during that time: It was highly recommended that I bring over to Japan as a traditional gift a bottle of Scotch whisky for my sensei (teacher). For the life of me I can't remember what I bought. I do recall that as a financially struggling grad student I was a bit shocked by the price. My taste for spirits that began in Tokyo remained over the years and so in addition to a small collection of cognacs, rums, and liqueurs, I slowly gathered a couple of bottles of single malt Scotches (e.g., Glenlivet 12yrs, Glenfiddich 12 yrs). In truth, I had zero knowledge about regional Scotch whisky differences but I knew there was a difference between single malt and blended Scotches and I fancied myself a "refined" single malt person even though I really didn't know nor could I taste the difference between the two. I also had a bottle of Hibiki 17 after seeing the movie, Lost in Translation. I am embarrassed a bit to admit that although I lived in Japan and drank a lot of Japanese whisky back in the day as a student I had no knowledge about the history of Japanese whisky or even that there were different major distillers (I remember once in the fairly recent past when asked about a recommendation for a good Japanese whisky I told the person he should try Suntory Nikka) So all this changed last year when I happened to pick up Heather Greene's book and I realized what an idiot I am when it comes to the world of whiskies. "Whisk(e)y Distilled: A Populist Guide to the Water of Life" is the book that set me on the path of intentional, informed, mindful, meditative whisk(e)y tasting. I have subsequently bought about a dozen books on the subject - e.g.

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